

# Lenten Day of Reflection:

For those living with  
mental illness, family  
members, and supporters



Saturday, March 14, 2026

9:30 am – 2 :30 pm

Pope Francis Center

7202 Buchanan Street

Landover Hills MD 20784

We will begin the day together with Adoration followed by the praying the Rosary and celebrating Mass. Refreshments and lunch will be provided. The afternoon will offer time to view and reflect on the USCCB's *Healing and Hope: A Catholic Response to Mental Health*.

There is no cost to attend however please RSVP by March 9<sup>th</sup> for planning refreshments:  
[specialneedsministry@adw.org](mailto:specialneedsministry@adw.org)/301-853-4560.



Deaf and Disabilities Ministry  
The Roman Catholic Archdiocese of Washington