

Heavenly Father,

Through the intercession of Our Lady,
Help me walk with Christ this Lenten season.

Let my heart burn for souls in distant lands—
Where there is hunger, help me share Your bread,
Where there is darkness, help me bring Your light,
Where faith has not reached, help me serve Your love.

*T*each me to give, not out of abundance, but sacrifice,
Following Saint Francis Xavier's burning zeal.
Make my heart beat with Your missionary spirit, As
I unite my prayers with those who serve afar.

*T*hrough prayer, fasting, and almsgiving,
Strengthen the bonds of our universal Church,
And draw all peoples to Your Sacred Heart.
Make this Lent be a time of evangelization—
For me, for mission lands, and for all Your people.

*Through Christ our Lord,
Amen.*