



# SESSION 1

## The Power of Prayer

### 8A: What is prayer

- Why do you pray? What's your usual way of praying?
- What holds you back from praying?
- Have you ever prayed or gone to a religious service? What was it like?

### 8B: Does prayer make a difference?

- What motivates other people you know, to pray? How do they pray?
- How does prayer make a difference to people's lives?
- If God is all powerful, why do you think he sometimes seems to ignore our prayers?

### 8C: How to pray

- What do you think about the fact that God is listening to us and wants to answer our prayers?
- Do you find praying with other people easy or difficult?
- Why do you think many people find it hard to pray?
- What do you think of Fr Stephen's suggestions? Start to pray; Speak to God as a friend; Visit your local church.

