



ANTI-PORNOGRAPHY RESOURCES

SELF-HELP GROUPS

- <https://www.foryourmarriage.org/help-for-men-and-women-struggling-with-pornography-use-or-addiction#catholicsgsr> – **ForYourMarriage.org** is sponsored by the United States Conference of Catholic Bishops and the Catholic Communication Campaign to support couples and families in their efforts to lead Christ-centered lives. This page offers links to Catholic support groups and recovery programs for men and women.
- <http://mcap1.com/get-help/support-groups> – **The Maryland Coalition Against Pornography** is a volunteer-based organization, focused on the U.S. Capital region, that works to protect children, families, and communities from the devastating effects of pornography. This page provides a list of support groups for men and women suffering from the effects of pornography and their spouses.
- www.sa.org – **Sexaholics Anonymous International** is a fellowship of men and women who share their experience, strength, and hope that they may solve their common problem and help others to recover. The participants' primary purpose is to stay sexually sober and help others to achieve sexual sobriety.
- www.sanon.org – **S-Anon International** offers family and friends of people with compulsive sexual behaviors a 12-step program to assist them in finding serenity and peace.

Men's Groups

- www.thekingsmen.org – The **King's Men** is a Catholic apostolate devoted to its mission to help men be better husbands, fathers, and leaders through education, formation, and action.
- www.promisekeepers.org – With a mission to ignite and unite men to become warriors who will change their world through living out the seven promises, the **Promise Keeper's** site offers resources to encourage and support men to grow in the Christian faith.
- <https://dads.org> – **Family Life Center International** supports the development of Catholic faith and family life by offering resources geared toward deepening a family's love and knowledge of their faith, with a special focus on helping fathers fulfill their vocation.
- www.strive21.com This site offers resources and support to help men break the habit of pornography.

Women's Groups

- www.womenofgrace.com – **Women of Grace** is a Catholic apostolate whose mission is to transform the world one woman at a time by affirming women in their dignity and vocation as daughters of God and in their gift of authentic femininity.

Disclaimer: Please note that the websites, groups, and authors above are not affiliated with The Roman Catholic Archdiocese of Washington. We provide this information solely for your information. We are not responsible for, nor do we endorse, their policies, the views they express, the products and services they offer, or the content of their materials or websites. To the best of our knowledge, the information listed here is appropriate, faithful to Catholic Church teaching and accurate at the time of posting. Agencies, nonprofits, and other institutions can and do change their mission and websites. Please consider this as you review these resources. The Roman Catholic Archdiocese of Washington makes no representations concerning the quality of medical care or level of professional skills of any specific counselor or healthcare provider that may be mentioned in these resources. Each person is encouraged to make his/her own investigation prior to consulting for treatment. Any decision to use a professional from these resources is the sole responsibility of the user.

If you should notice anything offensive to Catholic teaching in the above resources, please contact the [Office of Family Life](#).