



The Roman Catholic
Archdiocese of Washington

ANTI-PORNOGRAPHY RESOURCES

GENERAL WEBSITES

Catholic Websites

- www.foryourmarriage.org/help-for-men-and-women-struggling-with-pornography-use-or-addiction – **ForYourMarriage.org** is sponsored by the United States Conference of Catholic Bishops and the Catholic Communication Campaign to support couples and families in their efforts to lead lives Christ-centered lives. This page offers support for individuals and couples struggling with the effects of pornography and provides links to additional information on other websites.
- www.arlingtondiocese.org/pornography-addiction-resources – **Diocese of Arlington** offers anti-pornography resources, including *Bought with a Price: Pornography and the Attack on the Living Temple of God*, a Pastoral Letter by Bishop Paul S. Loverde.
- www.catholic.com/video/overcoming-pornography-addiction – **Catholic Answers** chastity speaker discusses pornography addiction and how to overcome it.
- www.chastity.com – The **Chastity Project** was founded by Jason and Chrystalina Evert to help teens and young adults discover how living a life of chastity can empower them to be free to love authentically.
- www.chastitysf.com – **Chastity—In San Francisco?** This site offers Psychological healing in the Roman Catholic mystical tradition.
- <https://cleanheart.online/> – **Clean Heart Online** was developed in partnership with a number of dioceses throughout the U.S. to offer anti-pornography tools and resources that help men, women, and young people attain and maintain freedom from the harmful effects of pornography.
- www.fathersforgood.org/ffg/en/news/pornography/special.html – An initiative for men by the **Knights of Columbus**. Learn how to beat the porn plague and protect your wife and children.
- www.integrityrestored.com – **Integrity Restored** is designed to help men suffering from the influence of pornography, their wives, and families break free from its bonds.
- www.PeterKleponis.com – This site offers resources to help men, women, their spouses, and families break free from the bonds of pornography.
- www.theologyofthebody.net/ – The **Theology of the Body** site is dedicated to the promotion of Saint John Paul II's revolutionary and life-transforming message of hope that counteracts societal trends which urge us to view the body as an object of pleasure or a machine for manipulation.

Christian Websites

- www.livebold.org – **Live Bold** offers an app that provides daily devotions and resources to support men's growth in the Christian faith.
- www.purehope.net – **Pure Hope** provides Christian solutions in a sexualized culture, leading to a world free of sexual exploitation and brokenness.

Secular Websites

- www.endsexualexploitation.com – This website for the **National Center on Sexual Exploitation** is dedicated to providing the most accurate peer-reviewed research on the harm from pornography, along with relevant news, opinion, and stories of personal experience.
- <http://mcap1.com/> – **The Maryland Coalition Against Pornography** is a volunteer-based organization, focused on the U.S. Capital region, that works to protect children, families, and communities from the devastating effects of pornography.
- www.protectyoungeyes.com – **Protects Young Eyes** helps families, schools, and churches create safer digital environments for their communities, especially children.
- www.socialcostsofpornography.com – The consultation on **The Social Costs of Pornography** assembled leading experts in the fields of psychiatry, psychology, neurophysiology, philosophy, sociology, law, and political theory to present a rigorously argued overview of the problem of pornography in our society and to make recommendations. The primary purpose of the meeting was to examine the real nature of pornography in its moral and social consequences. This site offers free videos on the findings and links to resources that are for sale.
- <https://xxxchurch.com/> – This site offers resources to help men and women free themselves from pornography addiction.

Disclaimer: Please note that the websites, groups, and authors above are not affiliated with The Roman Catholic Archdiocese of Washington. We provide this information solely for your information. We are not responsible for, nor do we endorse, their policies, the views they express, the products and services they offer, or the content of their materials or websites. To the best of our knowledge, the information listed here is appropriate, faithful to Catholic Church teaching and accurate at the time of posting. Agencies, nonprofits, and other institutions can and do change their mission and websites. Please consider this as you review these resources. The Roman Catholic Archdiocese of Washington makes no representations concerning the quality of medical care or level of professional skills of any specific counselor or healthcare provider that may be mentioned in these resources. Each person is encouraged to make his/her own investigation prior to consulting for treatment. Any decision to use a professional from these resources is the sole responsibility of the user.

If you should notice anything offensive to Catholic teaching in the above resources, please contact the [Office of Family Life](#).