

# THE TRIDUUM

The Triduum is the most sacred time of the year for Christians. While it begins Thursday evening and ends Sunday evening, the liturgical calendar of the Church presents the three days as one "liturgical day." This marathon of liturgies invites us to journey with Jesus from the Last Supper, through His Passion, and culminates with His glorious resurrection.

**As we celebrate the Triduum,  
how do the actions of Jesus and His Disciples impact your life today?**

## HOLY THURSDAY

## GOOD FRIDAY

## RESURRECTION OF THE LORD - EASTER

On Holy Thursday, Jesus...

Washed the Apostles' Feet

Started the Priesthood

Gave us the Eucharist

Announced two betrayals

Sang a song

On Good Friday, Jesus...

Was tried and convicted

Was tortured

Assured the Good Thief

Entrusted Mary to John

Died for Us

On Easter, the disciples...

Went to anoint Christ's body

Found the tomb empty

Met angels in the tomb

Met Jesus on Road to Emmaus

Were gathered together when the Risen Christ appeared

