

Holy Thursday



What is Holy Thursday?

Holy Thursday is the day Jesus gathered with his disciples before he died to wash their feet and institute the Eucharist at the Last Supper. Holy Thursday is the first day of the Triduum.



Open the Word

If I, therefore, the master and teacher, have washed your feet, you ought to wash one another's feet. I have given you a model to follow, so that as I have done for you, you should also do. (John 13:14-15)

Read today's readings including the full account of Jesus' Washing of the Feet in [John 13:1-15](#).



Holy Week At Home

Watch Mass with Archbishop Gregory today at 5:30pm. At the Last Supper, Jesus got down on his hands and knees and **washed the feet of his disciples**. This profound act of servant leadership, culminating at the cross, is a model for how we are to serve others. This month we especially see servant leadership in action through our health care workers and essential personnel. Even at home, we can make a sacrificial offering of our lives by how we love others. As many in our area struggle with poverty, underemployment, and hunger, consider donating what you can to the Catholic Charities virtual food bank to provide others their "daily bread".



For Children

Download the image of a cross in [English](#) or [Spanish](#). Draw a picture of bread and wine or of Jesus washing the feet of his disciples.



Spiritual Reading

"I see God in every human being. When I wash the leper's wounds, I feel I am nursing the Lord himself. Is it not a beautiful experience?"
- *Saint Mother Teresa*

"When you look at the Crucifix, you understand how much Jesus loved you then. When you look at the Sacred Host you understand how much Jesus loves you now."
- *Saint Mother Teresa*



Did You Know?

The word "Triduum" (Holy Thursday evening through Easter Sunday), means, "three days".



Let Us Pray

Loving God, We praise you in a special way today as we celebrate Holy Thursday. Be with us as we continue our journey through Holy Week, that we may more closely align our lives with yours, knowing our call to serve others following the example you gave. We ask this through Christ, our Lord. Amen.
(Liturgical Press, [Holy Week at Home](#))



Archdiocese of Washington

#ADWHolyWeek

Prayer moves us to action. Contact your local parish or [Catholic Charities](#) if you are in need of assistance or would like to be of assistance to others.