



# ARCHDIOCESE OF WASHINGTON

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## ANTI-PORNOGRAPHY RESOURCES

### GENERAL WEBSITES

#### 1. Arch/diocesan Websites

- <https://www.arlingtondiocese.org/pornography-addiction-resources/> **Diocese of Arlington (VA)** *Bought with a Price: Pornography and the Attack on the Living Temple of God*, a Pastoral Letter by Bishop Paul S. Loverde.
- <https://archomaha.org/?s=pornography> **Archdiocese of Omaha (NE)** Anti-Pornography Task Force (English and Spanish resources).
- <https://cleanheart.online/archdiocese-new-orleans?preview> **Archdiocese of New Orleans (LA)** Clean Heart Anti-Pornography resources.

#### 2. Catholic Websites

- <http://www.unityrestored.com/> The purpose of **Unity Restored** is to provide the latest psychological information in concert with the truths of the Catholic faith, to help those who are struggling with pornography.
- <http://www.integrityrestored.com/> **Integrity Restored** was designed to help men, their wives, and their families break free from the bonds of porn.
- <http://www.angelicwarfare.org/> **The Angelic Warfare Confraternity** is a supernatural fellowship of men and women bound to one another in love and dedicated to pursuing and promoting chastity together under the powerful patronage of St. Thomas Aquinas and the Blessed Virgin Mary. The Confraternity is an official apostolate of the Dominican Order.
- <http://www.fathersforgood.org/ffg/en/news/pornography/special.html> An initiative for men by the **Knights of Columbus**. Learn how to beat the porn plague and protect your wife and children.
- [http://www.familylifecenter.net/catholic\\_porn\\_help.asp](http://www.familylifecenter.net/catholic_porn_help.asp) **Catholic Family Life Center International**. Help for those struggling with pornography and resources for men desiring to maintain their purity.
- <http://www.catholic.com/video/overcoming-pornography-addiction> **Catholic Answers** chastity speaker discusses pornography addiction and how to overcome it.
- <http://chastitysf.com/> **Chastity—In San Francisco?** Psychological healing in the Roman Catholic mystical tradition.
- <http://www.maritalhealing.com/conflicts/addictedspouse.php> **Institute for Marital Healing**: strengthening marriages and families. Internet pornography and other addictions.
- <http://www.theologyofthebody.net/> **TheologyoftheBody.net** is dedicated to the promotion of Blessed John Paul II's revolution and life-transforming message of hope that

counteracts societal trends which urge us to view the body as an object of pleasure or a machine for manipulation.

- <http://www.theporneffect.com/> **The Porn Effect** speaks to men and women about the beauty of sex, the problem of porn, and the healing which is possible.
- <https://www.cardinalstudios.org/> strive or **Strive21.com** is a 21 day detox from pornography.

### 3. Christian Websites

- <http://www.livebold.org/> **Live Bold Magazine** (online) is one of the fastest growing publications for men and men's ministry.
- <http://www.purehope.net/home.asp> **pureHOPE** endeavors to provide Christian solutions in a sexualized culture, leading to a world free of sexual exploitation and brokenness.
- <http://www.pureintimacy.org/> **Pure Intimacy** is an online ministry of Focus on the Family devoted to the biblical truth that human sexuality flows from the image of God that we bear as male and female and is a good gift from God.
- <http://www.settingcaptivesfree.com/> **Setting Captives Free** is a non-denominational ministry which teaches the biblical principles of freedom in Jesus Christ. Our Christ-centered courses are free of charge and help people escape impurity, over-eating, substance abuse, gambling, smoking and more.
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### 4. Secular Websites

- <http://www.no-porn.com/> Since 1997, **No-Porn.com** has helped men and women of all backgrounds recover from pornography addiction.
- <http://www.pornharms.com/> **Pornography Harms** is dedicated to providing the most accurate peer-reviewed research on the harm from pornography, along with relevant news, opinion and personal experience.
- <http://www.socialcostsofpornography.com/> The consultation on **The Social Costs of Pornography** assembled leading experts in the fields of psychiatry, psychology, neurophysiology, philosophy, sociology, law, and political theory to present a rigorously argued overview of the problem of pornography in our society and to make recommendations. The primary purpose of the meeting was to examine the real nature of pornography in its moral and social consequences.
- <http://www.x3pure.com/> The primary objective of the **X3Pure** project is to enable a speedy and effective recovery for men, women, couples and parents dealing with Internet pornography and other sex-related addictions in the most confidential and professional manner possible.
- <https://protectyoungeyes.com/> **Protect Young Eyes** Helps Families, Schools, And Churches Create Safer Digital Environments
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