



ARCHDIOCESE OF WASHINGTON

Archdiocesan Pastoral Center: 5001 Eastern Avenue, Hyattsville, MD 20782-3447
Mailing Address: Post Office Box 29260, Washington, DC 20017-0260
301-853-4500 TDD 301-853-5300

ANTI-PORNOGRAPHY RESOURCES

BOOKS

1. English Books

- *Be a Man! Becoming the Man God Created You to Be*, by Fr. Larry Richards.
- *Boys to Men: The Transforming Power of Virtue*, by Tim Gray and Curtis Martin.
- *Breaking Free: 12 Steps to Sexual Purity for Men*, by Stephen Wood.
- *The Courage to be Chaste*, by Fr. Benedict J. Groeschel, C.F.R.
- *Every Man's Battle: Winning the War on Sexual Temptation One Victory at a Time, Every Young Man's Battle: Strategies for Victory in the Real World of Sexual Temptation, Preparing Your Son for Every Man's Battle: Honest Conversations About Sexual Integrity*, by Stephen Arterburn and Fred Stoeker.
- *Holy Sex! A Catholic Guide to Toe-Curling, Mind-Blowing, Infallible Loving*, by Gregory K. Popcak, Ph.D.
- *Hope After Betrayal: Healing When Sexual Addiction Invades Your Marriage*, by Meg Wilson.
- *In the Shadows of the Net: Breaking Free of Compulsive Online Sexual Behavior, Out of the Shadows: Understanding Sexual Addiction*, by Patrick Carnes.
- *Pure Manhood*, by Jason Evert.
- *Pure Womanhood*, by Crystalina Evert.
- *Theology of the Body for Beginners: A Basic Introduction to Pope John Paul II's Sexual Revolution*, by Christopher West.
- *Treating Pornography Addiction: The Essential Tool for Recovery*, by Kevin B. Skinner, Ph.D.
- *False Intimacy: Understanding the Struggle of Sexual Addiction*, by Dr. Harry W. Schaumburg.
- *Nothing to Hide: Hope for Marriages Hurt by Pornography and Infidelity*, by Joan Condie, RN, MS, LPC.