



# Parish Young Adult Ministry Outreach Plan

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Parish Name: \_\_\_\_\_

Pastor and Parochial Vicar: \_\_\_\_\_

Contact phone # and Email: (      ) \_\_\_\_\_

Secretary/Bulletin Editor: \_\_\_\_\_

Contact Phone # and Email: (      ) \_\_\_\_\_

**1. Identify a team of Young Adults who are personally dynamic and healthy, strong leaders and effective communicators**

*(N.B. If you cannot identify enough Young Adults with these qualities it is better to have the pastor, staff member or another adult who fits the qualifications assist in this role than empower a less effective and less engaging Young Adult.)*

Young Adult 1 Name: \_\_\_\_\_

Cell # and Email: (      ) \_\_\_\_\_

Young Adult 2 Name: \_\_\_\_\_

Cell # and Email: (      ) \_\_\_\_\_

Young Adult 3 Name: \_\_\_\_\_

Cell # and Email: (      ) \_\_\_\_\_

Young Adult 4 Name: \_\_\_\_\_

Cell # and Email: (      ) \_\_\_\_\_

Young Adult 5 Name: \_\_\_\_\_

Cell # and Email: (      ) \_\_\_\_\_

Young Adult 6 Name: \_\_\_\_\_

Cell # and Email: (      ) \_\_\_\_\_

**2. Identify a parish staff member to serve as the primary Young Adult Ministry contact for the Office of Young Adult Ministry and the parish's two Young Adult representatives.**

*(N.B. Choose someone who will most likely be in the parish for the next two years.)*

Parish Staff Young Adult Contact: \_\_\_\_\_

Phone # and Email: (      ) \_\_\_\_\_

**3. Create a Young Adult List. With the pastor, staff and parish leaders start a list of all the Young Adults already involved in your parish community on google docs or another private yet shareable platform.**

Where to look to begin a list of Young Adults: Former or active Young Adult communities, college students, teachers in Catholic grade schools and High Schools, Religious Education catechists, High School youth ministry leaders, RCIA candidates and catechumens, Marriage preparation, Baptismal preparation, seminarians and those actively discerning a vocation, ethnic communities and programs, parents of young children in Catholic Schools and Religious Education, CYO coaches, divorce ministry, AA/NA groups, catholic businessperson associations, liturgical ministries, service organizations, those who live at home or are starting new jobs, YAs involved in service or volunteer programs, lay movements, military service members, etc.

| <u>Parish Ministry</u> | <u>Ministry Leader Name</u> | <u>Contact Information</u> |
|------------------------|-----------------------------|----------------------------|
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**4. Spread the Word Far and Wide. For one to two months, post in your bulletin, website, Facebook page, and make pulpit announcements that the parish is looking to connect Young Adults to the parish.** Ask parishioners to pass on the names and contact information for YAs in the community and personally encourage them to get involved. Start a Young Adult section in your bulletin to direct people to your parish or regional Young Adult network and promote ongoing events at your parish. (N.B. It is deal to let a Young Adult make these announcements).

How can we publicize Young Adult Ministry in our parish? (at the discretion of the Pastor)

- ☐ Pulpit announcements by a Young Adult
- ☐ Pulpit announcements by priest
- ☐ Regular bulletin announcements (or 'Young Adults' section of the bulletin)
- ☐ Announcement on the website (or 'Young Adult Ministry' webpage on the parish website with invitation to get involved, YA email sign up and/or re-direct to regional or Archdiocesan Young Adult Ministry website)
- ☐ Posting on the parish social media page
- ☐ Information in other parish communications (newsletters, letter from the pastor in bulletin, etc.)
- ☐ Parish bulletin board or other space in the church building
- ☐ Other: \_\_\_\_\_

Post a flyer in church AND in the larger community in places where YAs congregate: Community colleges, bars, gyms, through bigger companies in our area, sporting events, outdoor adventure stores, coffee shops, cool restaurants, art galleries, etc. (Where else are Young Adults in your community?)

Places where young adults hang out that have a bulletin board to post an announcement about YA Ministry:

- |                                |                                |
|--------------------------------|--------------------------------|
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

#### **5. Personally invite and form friendships with Young Adults**

- Ask the Young Adult team and staff to stand in the back of the church with an eye to introduce themselves to a handful of YAs they see and to ask for their contact information. Try to meet one new young adult every week.
- Start a small group that meets weekly or every other week so you have a concrete event to invite new young adults to.
- Host regular opportunities for those new to the parish to meet other parish leaders and receive registration information
- Place sign-up sheets in the pews and make an announcement for Young Adults or any parishioner who is new to fill out a new parishioner form before the end of Mass.

- ☐ Create an online young adult list to add names and emails to on an ongoing basis
- ☐ Create handout (postcard, flyer, business cards) to have in the back of the church to give to Young Adults
- ☐ Contact the Office of YA Ministry for more information and practical training on how to start a small group
- ☐ Other: \_\_\_\_\_

**6. Gather, Listen, and Empower.** Invite all the Young Adults identified to a gathering to build a connection with the pastor, parish staff, and the YA representatives (i.e. end of Summer BBQ or dinner). This is a great opportunity to listen to Young Adults, get to know their needs, invite them to get involved in the parish community, and let them know about regular upcoming events for Young Adults in their region! (N.B. Provide childcare if possible and let the Office of Young Adult Ministry know about these events so they can help promote them!)

- ☐ Talk to pastor about his interest and availability

☐ Identify a date in a couple months

Proposed Date for YA gathering: \_\_\_\_\_ Location: \_\_\_\_\_