



ARCHDIOCESE OF WASHINGTON

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ANTI-PORNOGRAPHY RESOURCES

SELF-HELP GROUPS

1. 12-Step Groups

- <http://www.saint-mike.org/csgsar/> **Catholic Support Group for Sexual Addictions Recovery.** Sexual addiction can lead to arrest and prison. Avoid that tragedy and find freedom from this compulsion. Join us in the quest for healing and purity.
- <http://sites.google.com/site/samddcnova/> **Sexaholics Anonymous of Maryland, DC, and Northern Virginia.** We understand sexual sobriety to include no sex with self and no sex outside of a marriage between a man and a woman.
- <http://www.sa.org/> **Sexaholics Anonymous International.** Sexaholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover. Our primary purpose is to stay sexually sober and help others to achieve sexual sobriety.
- <http://www.sanon.org/> **S-Anon International.** S-Anon is a program of recovery for those who have been affected by someone else's sexual behavior.

2. Men's Groups

- <http://www.thekingsmen.org/> Under Christ the King's universal call to serve, we as **The King's Men** pledge to unite and build up other men in the mold of leader, protector, and provider through education, formation, and action.
- <http://www.promisekeepers.org/> **Promise Keepers'** mission has been to ignite and unite men to become warriors who will change their world through living out the Seven Promises.
- <http://www.dads.org/> **St. Joseph's Covenant Keepers** is an informal international network of Christian men, under the patronage of St. Joseph, dedicated to strengthening the family.

3. Women's Groups

- <http://www.womenofgrace.com/en-us/default.aspx> **Women of Grace** is a Catholic apostolate whose mission is to transform the world one woman at a time by affirming women in their dignity and vocation as daughters of God and in their gift of authentic femininity.