



ARCHDIOCESE OF WASHINGTON

Archdiocesan Pastoral Center: 5001 Eastern Avenue, Hyattsville, MD 20782-3447
Mailing Address: Post Office Box 29260, Washington, DC 20017-0260
301-853-4500 TDD 301-853-5300

ANTI-PORNOGRAPHY RESOURCES

BOOKS

1. English Books

- ***Be a Man! Becoming the Man God Created You to Be***, by Fr. Larry Richards.
- ***Boys to Men: The Transforming Power of Virtue***, by Tim Gray and Curtis Martin.
- ***Breaking Free: 12 Steps to Sexual Purity for Men***, by Stephen Wood.
- ***The Courage to be Chaste***, by Fr. Benedict J. Groeschel, C.F.R.
- ***Every Man's Battle: Winning the War on Sexual Temptation One Victory at a Time, Every Young Man's Battle: Strategies for Victory in the Real World of Sexual Temptation, Preparing Your Son for Every Man's Battle: Honest Conversations About Sexual Integrity***, by Stephen Arterburn and Fred Stoeker.
- ***Holy Sex! A Catholic Guide to Toe-Curling, Mind-Blowing, Infallible Loving***, by Gregory K. Popcak, Ph.D.
- ***Hope After Betrayal: Healing When Sexual Addiction Invades Your Marriage***, by Meg Wilson.
- ***In the Shadows of the Net: Breaking Free of Compulsive Online Sexual Behavior, Out of the Shadows: Understanding Sexual Addiction***, by Patrick Carnes.
- ***Pure Manhood***, by Jason Evert.
- ***Pure Womanhood***, by Crystalina Evert.
- ***Theology of the Body for Beginners: A Basic Introduction to Pope John Paul II's Sexual Revolution***, by Christopher West.
- ***Treating Pornography Addiction: The Essential Tool for Recovery***, by Kevin B. Skinner, Ph.D.

2. Spanish Books

- ***Amor y Vida***, por Patrick Reidy.
- ***La belleza de la sexualidad***, por Tomás Melendo.
- ***Como sanar las heridas de la adicción sexual***, por Dr. Mark Laaser.
- ***Como usar las nuevas tecnologías en la familia***, por Marianela Jaúdenes.
- ***La moral sexual explicada a los jóvenes***, por André Leonard.
- ***¡Por favor, hálame del amor!***, por Inés Pelissie du Rausas.